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November 28, 2023

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Ceasefire Cultural Wars  **Hamas Terrorists**  
Hostage Deal IDF J6 Media Lies  
Middle East War Pilgrims  **Terrorism**  
Thanksgiving

Article

# 80% Of Population Takes Psychiatric Drugs and Gets Worse

by Peter Breggin MD & Ginger Breggin | Nov 4, 2023 | Cultural Wars, Health, Lifestyle

### Engage Both Sides

9 pm ET  
After Dark w/ Rob & Andrew  
They Eat Their Own, Democrats Go After Party Dissenters



### Thanksgiving Day in America

#### A New World: The Pilgrims' Escape from Tyranny

The Dean's List with Host Dean Bowen - Exploring the tumultuous era of King Henry VIII. I delve into the roots of the Pilgrim's journey to the New World. Unraveling the complex interplay of religion and politics, from the establishment of the Church of England to the Puritan movement, this

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0:00 / 6:37 1X

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A sample of 1.5 million Danish people reveals two devastating findings: (1) at least 80% of the population will be diagnosed and/or medicated for "mental illness" in their lifetime on two or more occasions, and (2) they will end up with "subsequent" "long-term socioeconomic difficulties" "including lower income, unemployment, and increased likelihood to live alone and to be unmarried."<sup>1</sup>

Does this prove that mental illness ruins lives? No, when 80% or more of the population is treated as mentally ill, the concept has no meaning or relevance, except that it results in two powerfully disabling outcomes: (1) **psychiatric drugs** that universally disable the brain temporarily and too often permanently and (2) **stigmatization** and **demoralization** that undermine how the individual is viewed by himself and others.

Psychiatric drugs cause **acute brain dysfunction**, which makes it harder for anyone to deal with the realities of whatever in their lives or within

exploration sheds

on the



## Dinesh D'Souza - Police State



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themselves is causing them disability, distress, and suffering. The brain dysfunction lasts at least as long as the individual is taking drugs and can be mild to severe, depending on the intensity or length of exposure. **Brain dysfunction, sometimes accompanied by permanent damage, can cause persistent mental, emotional, and spiritual decline, as confirmed in the Danish study.**

Studies in the United States with children started on low doses of Ritalin (methylphenidate) in the 1970s for minimal symptoms of ADHD showed they did very poorly long-term. They had a lifetime decline in quality of life compared to controls, including stunted growth, lower IQ, less education, more psychiatric hospitalizations and imprisonments, obesity, and a shorter lifespan. Ritalin became a gateway to becoming lifelong mental patients on psychiatric drugs of every sort. Other studies have shown brain shrinkage from stimulant drugs given to children. I have reviewed the scientific literature demonstrating these outcomes in *Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients, and their Families*.<sup>2</sup> These long-term catastrophes are primarily caused by drug-induced neurotoxicity<sup>3</sup> but also by the stigmatization and demoralization from doctors telling the children and their parents that the children are genetically defective, have biochemical balances, and need the drugs — lies to get them to take the neurotoxins.

For many years, evidence has been increasing that taking psychiatric drugs is among the most dangerous risks in modern society. For decades, I have been explaining and documenting that psychiatric drugs overall do much more harm than good. The drug-induced dysfunction or damage causes “medication spellbinding”<sup>4</sup> — the inability of patients to fully perceive the harm the drugs are doing to them.<sup>5</sup>

Stopping psychiatric drugs can also be very dangerous because the brain has adapted to the drug as an alien and harmful substance, and when the drug is removed, the brain goes into a new imbalance due to withdrawal. Depending on the type and number of drugs and the length of exposure,

## The Globalist Utopia 2023, The VON Roundtable

by **Malcolm Out Loud**

The United Nations Is  
a Danger To Western  
Civilization The Biden  
Regime is already well  
into the process of  
subjecting the US

psychiatric drug withdrawal must be done carefully, with support from friends or family, and hopefully under experienced clinical supervision. My book, *Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapist, Patients and their Families*, describes the dangers of the drugs and how to safely withdraw from them.

### The Stigma and Demoralization

Healthcare workers who diagnose people with mental illnesses are stigmatizing and demoralizing them. The labeled persons experience shame, guilt, and anxiety from the diagnosis and feel less able to control their own lives. They feel more helpless and dependent on others and on drugs. The people around them may also change their views of the “patient” in ways that undermine their self-esteem or sense of autonomy. When children or adults are falsely told they have “biochemical imbalances,” it becomes a prescription for them to feel helpless and unable to control their feelings or overall mental life. As a psychiatrist, I often have to help individuals recover from self-destructive lies they have been told by everyone, from psychiatrists to family doctors, nurse practitioners, and psychologists.

### Lessons for All Westernized Nations and All People

The Danish study, which documents that nearly everyone is going to be prescribed psychiatric drugs in their lifetime, holds true for America and other large Western nations as well. The effects of psychiatric drugs will be the same everywhere, causing varying degrees of decline in the individual’s quality of life. Many people may not experience or feel that they are undergoing a dramatic decline. But in my experience as a therapist and psychiatrist who helps people withdraw from psychiatric drugs, all or nearly all people who carefully withdraw from psychiatric drugs realize for the first time that they were much more blunted, remote, or disengaged from people and life when on the drugs. They “find themselves,” “have their real feelings,” and become “stronger” as they gradually recover from the neurotoxicity. Coming off psychiatric drugs enables them to better deal

## The Woke Strikes Back! Harvard & Disney Double Down on Leftism

by **Dean Bowen**

We have seen a recent rise of billionaires here and here pulling their funding, influence, and expertise from

with their problems and to have much more fulfilling lives.

Author: Peter R. Breggin MD

<sup>1</sup> Lars Vedel Kessing, Simon Christoffer Ziersen, Avshalom Caspi, et al. Lifetime Incidence of Treated Mental Health Disorders and Psychotropic Drug Prescriptions and Associated Socioeconomic Functioning. *JAMA Psychiatry*. 2023;80(10):1000-1008.

doi:10.1001/jamapsychiatry.2023.220. Quotes taken from the “Key Points,” “Abstract,” and “Conclusions and Relevance.”

[https://breggin.com/admin/fm/source/6905\\_breggin/Psychiatry/Eighty-percent-80-of-population-mental-health.pdf](https://breggin.com/admin/fm/source/6905_breggin/Psychiatry/Eighty-percent-80-of-population-mental-health.pdf)

<sup>2</sup> Breggin, Peter. *Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapist, Patients and their Families*. New York: Springer Publishing Company. Available at bookstores and [Breggin.com](https://www.breggin.com) | [Books](https://www.breggin.com). Chapter 6 gives multiple citations to the scientific literature for stimulants and other chapters document the harms from the whole range of psychiatric drugs. Our website, [www.breggin.com](https://www.breggin.com), provides PDFs of my multiple scientific articles dealing with these issues. A complete list of my books and articles is found in my resume (on the dropdown menu labeled “About”) @ [www.breggin.com](https://www.breggin.com).

<sup>3</sup> Breggin, Peter. Psychiatric drug-induced Chronic Brain Impairment (CBI): Implications for long-term treatment with psychiatric medication. *International Journal of Risk and Safety in Medicine* (2011) [Breggin2011\\_ChronicBrainImpairment.pdf](https://www.breggin.com/admin/fm/source/6905_breggin/Psychiatry/Eighty-percent-80-of-population-mental-health.pdf)

<sup>4</sup> Breggin, Peter. Intoxication anosognosia: The spellbinding effect of psychiatric drugs, *International Journal of Risk and Safety in Medicine* (2007). [Breggin2007.pdf](https://www.breggin.com/admin/fm/source/6905_breggin/Psychiatry/Eighty-percent-80-of-population-mental-health.pdf)

<sup>5</sup> Breggin, Peter. *Medication Madness: The Role of Psychiatric Drugs in Cases of Violence, Suicide, and Crime*. Available at bookstores and [Breggin.com](https://www.breggin.com) | [Books](https://www.breggin.com).

## COVID Vaccines: Congress Finally Hears the Truth

by **Tom Renz, Esq.**

Monday, Marjorie Taylor Greene held a hearing that no one else other than Ron Johnson was willing to push. A number of

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#### Peter Breggin MD & Ginger Breggin

Peter Breggin MD and Ginger Ross Breggin have been married and working together for almost 40 years. Peter is known as "The Conscience of Psychiatry" for his many decades of successful reform work in mental health. He has published more than 20 medical and popular books, several coedited or coauthored by Ginger, including the huge bestseller Talking Back to Prozac. He has written more than 70 peer-reviewed publications and testified in court more than 100 times with many cases related to drug company and medical malfeasance. The couple has now turned their attention to the misuse of science and the suppression of freedoms surrounding COVID-19 and its origins by those they identify as "global predators."

Peter and Ginger have written the bestselling new book, **COVID-19 and the Global Predators: We are the Prey** with introductions by top COVID-19 scientists and physicians, Peter A. McCullough MD, MPH; Elizabeth Lee Vliet MD; and Vladimir "Zev" Zelenko. The book is available everywhere.

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