

# SELF-FUNDED PPO HEALTH PLAN RATE REQUIREMENTS – ACTIVE EMPLOYEES

JANUARY 1, 2023 – DECEMBER 31, 2023 COUNTY OF ORANGE JUNE 8, 2022

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#### Introduction

Based on the past twelve months of claims data for employees, annual trends of 4% for medical and 7% for prescription drug and current fund balance, Mercer recommends the current rates for the Wellwise and Sharewell plans be increased by 20% (average across all enrollment tiers and all plans) for the plan year effective January 1, 2023.

The proposed rate action of a 20% increase (in addition to the rate adjustment made for retirees) is expected to result in a projected Fund Balance of about \$17,000,000 to \$19,000,000 as of December 31, 2023. The current Fund Balance is expected to be below the target at the end of the current year, and the proposed renewal is projected to raise the level to be closer to the target Fund Balance barring any significant adverse event impacting claims over the next 18 months. The Fund Balance is for both active and retiree PPO plans and is in place to cover all incurred but not reported claims (the IBNR should the County terminate the self-funded arrangement of these plans), the cost of administering these claims and unusually high cost claims that may emerge.

The County has two self-funded plans: Wellwise Choice and Sharewell Choice. We recommend the County continue the self-funded arrangement of these plans for next year. The low administrative expense, cash flow available to the County, and flexibility of this funding arrangement makes self-funding the most advantageous funding vehicle available for these plans.

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## Rate Adjustment

The most recent twelve months of experience are totaled using paid claims of active employees from April 1, 2021 through March 31, 2022 as the beginning claims cost. These paid claims are adjusted for plan design and/or contract changes. Next, the paid claims are converted to incurred claims by lagging enrollment by 2 months for medical claims and 0 months for pharmacy claims. This adjusts for the change in the incurred but not reported (IBNR) claim reserve liability from the beginning of the experience period to the end reflecting changes in paid claim patterns and enrollment. The result is an estimate of active employee claims that were incurred from April 1, 2021 through March 31, 2022.

These incurred claims are then projected to 2023 using annual cost trend assumptions of 4% for medical and 7% for pharmacy. These trend levels are based on a combination of historic County medical and prescription drug claim experience of the self-funded plans and general industry trend factors used by similar plan sponsors.

National health trends provided by the major insurance carriers for 2022 are at 4.5% - 9% for PPO medical plans and 6.5% - 12% for prescription drug programs. The County's own trend outlook may be viewed more favorably than survey data based on better PPO network discounts and historic claims experience that has outperformed insurance carrier trend rates, partially driven by the County's wellness program, although COVID has impacted claims experience in a variety of ways for all payors. Self-funded employers similar to the County have generally been using trend factors in the range of 4% - 10% for projection purposes.

Pharmacy rebates expected in 2023 were applied proportionately to active employees and retirees based on claim utilization.

A 1.75% margin is included due to COVID to adjust for the temporary reduction of deferred care and the anticipated increase as health care use returns to pre-COVID activity levels. In addition, including margin is appropriate as the fund balance currently sits below the target level.

An administration adjustment was applied to the projected claims for claims administration; utilization review, case management, disease management, and PPO network access fees. Administration also reflects the claims administration fees associated with the pharmacy contract with OptumRx.

The recommended PPO renewal increase of 20% is expected to cover projected claims and expenses and raise the Fund Balance closer to the target reserve.

The exhibits at the end of the report provide the details to the rate calculation and plan changes:

Exhibit I Provides the details of the rate calculation

Exhibit II Presents the premium and paid claims by month

Exhibit III Details the enrollment by plan

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#### Reserve Fund

The County maintains a surplus of revenue over expenses called the Fund Balance. Based on Mercer and County staff recommendations, and as determined by the Board of Supervisors, the Fund Balance:

- 1. Acts as a Premium Stabilization Reserve (PSR), to serve as a hedge against unfavorable claim fluctuations and to absorb unusually high individual claims that may emerge from time to time
- 2. Funds *Incurred But Not Reported* (IBNR) claim reserves, claims incurred prior to a potential termination of the plan or portion of the plan.

Mercer recommends the self-funded PPO reserve target be set to cover 100% of the IBNR reserve and an additional amount as a Premium Stabilization Reserve (PSR). The IBNR reserve is estimated to be 15% of the annual projected claims and the basis for the PSR component is 15% of projected annual claims. Therefore, Mercer continues to target reserve level of 30% of annual claims, with a margin of +/- 3% to accommodate fluctuations in experience consistent with the target policy established by the Board of Supervisors in 2011 for the Self-Funded PPO reserve. The target fund level for 2023 is about \$22,000,000.

The County currently does not purchase stop loss insurance for the self-funded programs since the reserve fund balance has been above the target level, when excess funds are available to cover volatility and unexpected claim events. However, as the reserve fund balance declines, stop loss insurance may be evaluated for inclusion in future contracts.

The current fund balance is approximately \$15,000,000, \$7,000,000 below the 2023 target fund level. The 2022 active rates were set to cover costs and maintain fund balance level. The projected rates have been set to cover costs and raise the balance to reduce the gap between current and the target reserve level by the end of 2023. These are estimates based on the current benefit plans remaining in place and assume a continuation of current enrollment levels and emerging claims experience consistent with projections.

While the IBNR reserve covers the claims runout for claims incurred but not yet paid, the PSR is used to smooth out premium increases from year to year caused by unfavorable claims fluctuations. A reasonable PSR level for an ongoing self-funded program should represent about 15% of expected annual claim cost, which translates to approximately \$11,000,000 for the County's programs (actives and retirees combined) as of December 31, 2023.

Any projection of the expected fund balance as of December 31, 2023 is subject to considerable fluctuation due to changing claim trends and utilization patterns as well as the timing of payments from the fund. In particular, the potential impact from adverse experience as the result of COVID-19 increases the chance of unusual fluctuations in claim patterns.

All estimates are based upon the information available at a point in time, and are subject to unforeseen and random events. Therefore, any projection must be interpreted as having a likely range of variability from the estimate. Any estimate or projection may not be used or relied upon by any other party or for any other purpose than for which it was issued by Mercer. Mercer is not responsible for the consequences of any unauthorized use.



#### **Exhibits**

#### Exhibit I

County of Orange 2023 PPO Budget Projection Actives

Wellwise / Sharewell

Most Recent 12 Months Experience

Experience Period: April 1, 2021 - March 31, 2022

Projection period: January 1, 2023 - December 31, 2023

Medical Paid Claims Pharmacy Paid Claims Less: Rx Rebates Total Claims

Adjusted Medical Paid Claims
Adjusted Pharmacy Paid Claims
Total Adjusted Claims

Total Adjusted Claims

Enrollment (Avg Setback Lives)

Claims Per Capita

Current Enrollment
Claims Adjusted for Enrollment

**Combined Trend** 

Plan Design Adjustment

Margin

Adjusted Projected Incurred Claims Health Care Reform / Reinsurer Fee

Administration

Total Projected Cost 2022 Premium

Increase

Recommended Increase

2023 Premium

2023 Increase

\$35,071,600	
\$8,558,500	
(\$2,679,000)	
\$40,951,100	
\$35,071,600	
\$5,879,500	
\$40,951,100	
3,279	
\$1,041	

3,307	
\$42,054,900	
1.085	
1.000	
1.018	
\$46,424,200	
\$0	
\$1,823,100	

\$48,247,300 \$41,931,200 15.1%

\$50,317,440 20.0%

# **Exhibit II Active Wellwise**

Budget Summary											
Period		Enrollment		Claims		Total			Loss Ratio	PEPM Cost	PMPM Cost
Month		EEs	Mbrs	Gross	Adjusted	Fixed Costs	Gross	Gross	Plan Cost	Plan Cost	Plan Cost
				Paid Claims	Paid Claims		Plan Cost	Budget	/ Budget	/ EEs	/ Mbrs
Current I	Period										
Apr	2021	2,130	3,963	\$2,964,601	\$2,964,601	\$92,784	\$3,057,385	\$2,603,340	117.4%	\$1,435.39	\$771.48
May	2021	2,165	3,987	\$3,251,410	\$3,251,410	\$94,309	\$3,345,718	\$2,630,154	127.2%	\$1,545.37	\$839.16
Jun	2021	2,184	4,013	\$2,639,436	\$2,639,436	\$95,137	\$2,734,573	\$2,649,909	103.2%	\$1,252.09	\$681.43
Jul	2021	2,206	4,009	\$3,174,973	\$3,174,973	\$96,095	\$3,271,068	\$2,674,005	122.3%	\$1,482.80	\$815.93
Aug	2021	2,213	4,039	\$2,845,930	\$2,845,930	\$96,400	\$2,942,330	\$2,675,709	110.0%	\$1,329.57	\$728.48
Sep	2021	2,209	4,045	\$3,452,569	\$3,452,569	\$96,226	\$3,548,795	\$2,669,665	132.9%	\$1,606.52	\$877.33
Oct	2021	2,218	4,049	\$3,375,921	\$3,375,921	\$96,618	\$3,472,538	\$2,681,307	129.5%	\$1,565.62	\$857.63
Nov	2021	2,217	4,032	\$3,903,301	\$3,903,301	\$96,574	\$3,999,875	\$2,675,141	149.5%	\$1,804.18	\$992.03
Dec	2021	2,231	4,052	\$3,305,489	\$3,305,489	\$97,184	\$3,402,672	\$2,683,903	126.8%	\$1,525.18	\$839.75
Jan	2022	2,223	4,094	\$2,729,014	\$2,729,014	\$96,818	\$2,825,832	\$2,945,975	95.9%	\$1,271.18	\$690.24
Feb	2022	2,204	4,069	\$2,512,663	\$2,512,663	\$95,991	\$2,608,654	\$2,938,988	88.8%	\$1,183.60	\$641.10
Mar	2022	2,271	4,132	\$4,363,561	\$4,363,561	\$98,909	\$4,462,470	\$2,986,742	149.4%	\$1,964.98	\$1,079.98
Total Thr	ru Mar	26,471	48,484	\$38,518,867	\$38,518,867	\$1,153,043	\$39,671,910	\$32,814,837	120.9%	\$1,498.69	\$818.25

# **Active Sharewell**

Budget Summary											
Pe	Period		Enrollment		Claims		Total			PEPM Cost	PMPM Cost
M	onth	EEs	Mbrs	Gross	Adjusted	Fixed Costs	Gross	Gross	Plan Cost	Plan Cost	Plan Cost
				Paid Claims	Paid Claims		Plan Cost	Budget	/Budget	/ EEs	/ Mbrs
Current	Period										
Apr	2021	1,101	1,859	\$274,556	\$274,556	\$47,893	\$322,448	\$476,374	67.7%	\$292.87	\$173.45
May	2021	1,098	1,874	\$278,751	\$278,751	\$47,762	\$326,514	\$474,313	68.8%	\$297.37	\$174.23
Jun	2021	1,101	1,878	\$297,261	\$297,261	\$47,893	\$345,154	\$476,309	72.5%	\$313.49	\$183.79
Jul	2021	1,097	1,872	\$674,115	\$674,115	\$47,719	\$721,833	\$475,855	151.7%	\$658.01	\$385.59
Aug	2021	1,093	1,860	\$694,966	\$694,966	\$47,545	\$742,510	\$473,778	156.7%	\$679.33	\$399.20
Sep	2021	1,086	1,857	\$435,410	\$435,410	\$47,240	\$482,650	\$471,327	102.4%	\$444.43	\$259.91
Oct	2021	1,083	1,851	\$428,840	\$428,840	\$47,110	\$475,950	\$470,467	101.2%	\$439.47	\$257.13
Nov	2021	1,091	1,864	\$390,304	\$390,304	\$47,458	\$437,761	\$475,595	92.0%	\$401.25	\$234.85
Dec	2021	1,088	1,881	\$515,388	\$515,388	\$47,327	\$562,716	\$474,751	118.5%	\$517.20	\$299.16
Jan	2022	1,037	1,868	\$364,717	\$364,717	\$45,149	\$409,866	\$508,460	80.6%	\$395.24	\$219.41
Feb	2022	1,038	1,863	\$374,737	\$374,737	\$45,193	\$419,929	\$510,530	82.3%	\$404.56	\$225.40
Mar	2022	1,036	1,867	\$382,208	\$382,208	\$45,106	\$427,314	\$507,523	84.2%	\$412.47	\$228.88
Total Th	ru Mar	12,949	22,394	\$5,111,251	\$5,111,251	\$563,395	\$5,674,646	\$5,795,282	97.9%	\$438.23	\$253.40

### **Active Wellwise & Sharewell**

Budget Summary											
Period		Enrollment		Claims		Total			Loss Ratio	PEPM Cost	PMPM Cost
Mo	onth	EEs	Mbrs	Gross	Adjusted	Fixed Costs	Gross	Gross	Plan Cost	Plan Cost	Plan Cost
				Paid Claims	Paid Claims		Plan Cost	Budget	/ Budget	/ EEs	/ Mbrs
Current I	Period										
Apr	2021	3,231	5,822	\$3,239,157	\$3,239,157	\$140,677	\$3,379,834	\$3,079,714	109.7%	\$1,046.06	\$580.53
May	2021	3,263	5,861	\$3,530,161	\$3,530,161	\$142,071	\$3,672,232	\$3,104,467	118.3%	\$1,125.42	\$626.55
Jun	2021	3,285	5,891	\$2,936,697	\$2,936,697	\$143,029	\$3,079,726	\$3,126,218	98.5%	\$937.51	\$522.79
Jul	2021	3,303	5,881	\$3,849,087	\$3,849,087	\$143,814	\$3,992,901	\$3,149,860	126.8%	\$1,208.87	\$678.95
Aug	2021	3,306	5,899	\$3,540,895	\$3,540,895	\$143,945	\$3,684,840	\$3,149,486	117.0%	\$1,114.59	\$624.65
Sep	2021	3,295	5,902	\$3,887,979	\$3,887,979	\$143,466	\$4,031,444	\$3,140,992	128.3%	\$1,223.50	\$683.06
Oct	2021	3,301	5,900	\$3,804,760	\$3,804,760	\$143,727	\$3,948,488	\$3,151,774	125.3%	\$1,196.15	\$669.24
Nov	2021	3,308	5,896	\$4,293,605	\$4,293,605	\$144,032	\$4,437,637	\$3,150,736	140.8%	\$1,341.49	\$752.65
Dec	2021	3,319	5,933	\$3,820,877	\$3,820,877	\$144,511	\$3,965,388	\$3,158,654	125.5%	\$1,194.75	\$668.36
Jan	2022	3,260	5,962	\$3,093,730	\$3,093,730	\$141,968	\$3,235,698	\$3,454,435	93.7%	\$992.55	\$542.72
Feb	2022	3,242	5,932	\$2,887,400	\$2,887,400	\$141,184	\$3,028,583	\$3,449,518	87.8%	\$934.17	\$510.55
Mar	2022	3,307	5,999	\$4,745,770	\$4,745,770	\$144,015	\$4,889,785	\$3,494,265	139.9%	\$1,478.62	\$815.10
Total Thr	u Mar	39,420	70,878	\$43,630,118	\$43,630,118	\$1,716,438	\$45,346,556	\$38,610,119	117.4%	\$1,150.34	\$639.78

#### Exhibit III

#### **Wellwise**

Enrollment by Tier								
Pe	riod	Enrollment	Total					
Mo	onth	Subscriber	Employees					
		S						
Current F	Period							
Apr	2021	2,130	2,130					
May	2021	2,165	2,165					
Jun	2021	2,184	2,184					
Jul	2021	2,206	2,206					
Aug	2021	2,213	2,213					
Sep	2021	2,209	2,209					
Oct	2021	2,218	2,218					
Nov	2021	2,217	2,217					
Dec	2021	2,231	2,231					
Jan	2022	2,223	2,223					
Feb	2022	2,204	2,204					
Mar	2022	2,271	2,271					
Total Thr	u Mar	26,471	26,471					

#### **Sharewell**

Enrollment by Tier								
Pe	riod	Enrollment	Total					
Mo	onth	Subscriber	Employees					
		s						
Current F	Period							
Apr	2021	1,101	1,101					
May	2021	1,098	1,098					
Jun	2021	1,101	1,101					
Jul	2021	1,097	1,097					
Aug	2021	1,093	1,093					
Sep	2021	1,086	1,086					
Oct	2021	1,083	1,083					
Nov	2021	1,091	1,091					
Dec	2021	1,088	1,088					
Jan	2022	1,037	1,037					
Feb	2022	1,038	1,038					
Mar	2022	1,036	1,036					
Total Thr	u Mar	12,949	12,949					



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