

REGINA CHINSIO-KWONG, DO

Family Medicine Physician
Deputy Health Officer
Orange County Health Agency

EDUCATION & TRAINING

- **BACHELOR OF SCIENCE, PHYSIOLOGICAL SCIENCES** September 1997 - December 2001
University of California, Los Angeles California
- **DOCTOR OF OSTEOPATHIC MEDICINE** June 2002 - May 2006
Western University of Health Sciences - College of Osteopathic Medicine, Pomona California
- **CERTIFICATE OF RESIDENCY** June 2009
Naval Hospital Camp Pendleton - Family Medicine Department
- **CERTIFICATE OF INTERNSHIP** June 2007
Naval Hospital Camp Pendleton - Family Medicine Department
- **MEDICAL ACUPUNCTURE** (and refreshers) May 2009 (February 2011 & April 2016)

LICENSURE / CERTIFICATION

- California Osteopathic Board License: # 20A10277 Active/Current
- Advance Cardiac Life Support (ACLS) Active/Current
- Basic Life Support (BLS) Active/Current
- American Board of Family Medicine (Board Certified) December 2009 – current
- Institute of Functional Medicine (Certified Practitioner) December 2018
- American Board of Integrative Medicine (Diplomat) August 2017 – December 2025
- American Board of Integrative Holistic Medicine (Diplomat) December 2012 – December 2019
- Battlefield Acupuncture (Certified) March 2009

LEADERSHIP PERFORMANCE

ACUMEN & COMPETENCIES

- Integrative and Functional medicine approach
- Clinic Operations
- Clinical Decision Support
- Clinical Innovation
- Evidence-Based Practices
- Military Experience
- Patient Care
- Physician Relations
- Process standardization
- Provider Networks
- Quality Controls
- Scale-up Implementation

STRATEGY & IMPLEMENTATION

- OC Health Care Agency: Planned, standardized clinical process and workflows of COVID vaccination for County COVID-19 Super-PODs, Orange County to vaccinate high volume of OC residents
- Providence: Collaboration with Executive Director and Chief Operating Officer to introduce new technologies and practice areas adding revenue and promoting network and community health services
- US Navy: Collaboration with Commanding Officers and local hospitals or partnering nations to implement policies and programs to promote healthy communities and service members

CLINICAL INNOVATION

- Providence: Led wellness program development initiated by Chief Strategy Officer leveraging functional medicine principles to champion a science-based, patient-centered approach to health and wellness service delivery to employer-based clinics as well as retail clinics.
- Expanded service lines to include Naturopathic Medicine, Acupuncture, Chiropractic Medicine and Physical Therapy.
- US Navy: Developed and led acupuncture and osteopathic clinics in the hospital and outpatient setting.

- Strategic Vision
- Virtual Care/
Telemedicine

MEDICAL MANAGEMENT & OPERATIONAL EXCELLENCE

- Orange County Health Care Agency: Managed discussions with different county agencies to initiate Incident Management Team to vaccinate OC residents. Led clinical, auditing of county vaccination efforts to ensure safe storage, handling and administration of COVID-19 vaccines
- Providence: Helmed crucial care redesign introducing new access points to meet consumer experience expectations, role restructuring to optimize staffing mix and modernizing and standardize practice policies & protocols for efficiency and effectiveness
- US Navy: Curriculum development and implementation to further develop medical skills of medical staff. Created standardized policies and protocols for hospital and outpatient settings to meet military health Quadruple AIM- Experience of Care, Population Health, Per Capita Cost and Deployment Readiness. Provide routine medical care, occupational and urgent care services as well as preventive health services for all staff, service members, base contractors (fire fighters, police officers, military service-members, families, retirees, general contractors) at Barstow military base. Lead and operationalize military preparedness missions- active duty and reserve.

COMMUNITY EDUCATION AND ENGAGEMENT

- Orange County Health Care Agency: Engaged in community townhall webinars, Vaccine taskforce meetings, local medical association meetings, weekly media conferences to inform leaders and community about COVID response efforts, current COVID case rates, community vaccination efforts
- Providence: Led events in partnership with The Irvine Company to promote health, hosted Lunch and learns and fitness challenges
- US Navy: Provided clinical and administrative updates to hospital leadership, physicians, students, active duty and reserve service members and their beneficiaries on various topics. Overseas- led discussions with community leaders, embassy leaders, local clinical leaders, schools, students and public on public health topics such as chronic condition management, domestic violence initiatives, and disaster preparedness

CLINICAL & EXECUTIVE CAREER HISTORY

- **DEPUTY HEALTH OFFICER** November 2020 – Current
Orange County Health Care Agency
- **INTERIM CLINICAL SERVICES DIVISION MANAGER** August 2021-November 2021
Orange County Health Care Agency
- **MEDICAL DIRECTOR & FAMILY PHYSICIAN** July 2019 – November 2020
Providence Express Care - Southern California
- **MEDICAL DIRECTOR & FAMILY PHYSICIAN** April 2015 – July 2019
St. Joseph Health System, Wellness Corners - Irvine, CA
- **MEDICAL ADVISOR & FAMILY PHYSICIAN** February 2014 – April 2015
Mission Internal Medical Group – Laguna Niguel/Mission Viejo, CA
- **FAMILY PHYSICIAN** December 2013 – December 2017
United States Navy Reserve
- **FAMILY PHYSICIAN, STAFF AND RESIDENCY FACULTY MEMBER** September 2010 – November 2013
Naval Hospital Camp Pendleton – Oceanside, CA
 - **ADVANCE ECHELON (ADVON) TEAM PHYSICIAN- PACIFIC PARTNERSHIP** January 2013 – August 2013
Solomon Islands and Papua New Guinea

- Naval Hospital Camp Pendleton Positions Held:
 - **COMMAND DIABETES CHAMPION FOR NAVAL HOSPITAL CAMP PENDLETON**
September 2011 – January 2013
 - **CLINICAL GUIDELINE LEADERSHIP COMMITTEE MEMBER**
September 2011 – January 2013
 - **EXECUTIVE COUNCIL OF MEDICAL SERVICES JUNIOR OFFICER REPRESENTATIVE**
June 2011 – January 2013
 - **QUALITY ASSURANCE INVESTIGATOR/RISK MANAGER PHYSICIAN ADVISOR**
January 2011-November 2013
 - **FAMILY MEDICINE GREEN TEAM MEDICAL HOME TEAM LEADER AND ASSISTANT TEAM LEADER**
September 2010-January 2013
 - **PHYSICIAN ASSISTANT SUPERVISOR**
January 2011-November 2013

- **SENIOR MEDICAL OFFICER & FAMILY PHYSICIAN** August 2009 – August 2010
Branch Medical and Occupational Medicine Clinic - Barstow California
- **FAMILY MEDICINE RESIDENT** January 2007 – August 2009
Naval Hospital Camp Pendleton – Oceanside, CA
- **FAMILY MEDICINE INTERN** June 2006 – June 2007
Naval Hospital Camp Pendleton – Oceanside, CA
- **MEDICAL STUDENT** June 2002 – May 2006
Western University of Health Sciences, College of Osteopathic Medicine of the Pacific - Pomona, California
 - Positions Held:
 - Teaching Assistant August 2003-June 2004
 - Intensive Summary Anatomy Course Facilitator August 2002-December 2002
- **RESEARCH ASSISTANT/CEWM CONFERENCE AND RESIDENT/FELLOW ROTATION COORDINATOR** May 1999 – May 2002
UCLA Center for East-West Medicine (CEWM), Santa Monica, California
- **PUBLIC HEALTH ASSISTANT CLERK** June 1999 – June 2000
UCLA School of Public Health – Los Angeles, California
- **STUDENT ATHLETIC TRAINING INTERN** August 1998 – December 1999
UCLA Athletic Training Center – Los Angeles, California

LECTURES / TALKS

- OC HCA- COVID Updates/Press Conferences/Webinars – multiple 2021-2022
- Functional Medicine & Nutrition in Practice 6/2018- Western University
- Mars, Venus, and Vino Nov 2017, Irvine
- TED Talk 2: Food is Medicine April 6, 2017
- Wine, Women & Hormones Feb 7, 2017
- TED Talk- Smart Start to a New Year-Detox Jan 26, 2017
- Mindfulness, 2016 & 2017, Irvine
- New Year, New You- Tips for healthy living 2016- Part 2: Transforming your Body
- Good Day LA- Shop with Your Doc, Thanksgiving Healthy Swaps 11/21/2016
- Detoxification April 28, 2015, Irvine- Optimal Wellness Pharmacy
- Stress Reduction- Holidays- Irvine Company 2014
- Guest Speaker for Asian and Pacific Islander Heritage Month Event, Barstow – Acculturation and Unique health needs of the Asian and Pacific Islander Population, May 2010
- UCLA School of Public Health- Hypertension and Asian American and Pacific Islanders, Feb 2001

WORKSHOPS & TRAINING DEVELOPED AND DELIVERED

- COVID vaccination Storage/Handling/Administration December 2020-June 2021
- ExpressCare- Weekly provider clinical discussions and training July 2019-April 2020
- ExpressCare- Procedure training (Suturing/biopsy) in the Retail setting monthly July-Dec 2019, Jan-April 2020
- Naval Hospital Camp Pendleton Diabetes Workshop (Family Med Residents/Family Medicine staff) June 2011
- Naval Hospital Camp Pendleton Osteopathic Workshop (Family Med Residents/Family Medicine Staff) Quarterly 2010-2012
- Solomon Islands/Papua New Guinea
 - Labor and Delivery Emergency clinical training August 2013
 - Wound Care and Suture Workshop August 2013
 - Gender and Domestic Violence Workshop August 2013
 - Hospital Disaster Planning August 2013
 - Mass Casualty Exercise June/August 2013

PUBLICATIONS/RESEARCH

- Thuy Truong, Jeanelle Gilbert, Regina Chinsio, Neepa Gurbani, Kimberly Cox, Tung Ngo , Journal of Investigative Medicine , Effect of psychosocial factors on health care for the homeless in Pomona, California, 01 / 2004, Volume: 52
- Recognized for contributions in:
Hui KK, Zylowska L, Hui EK, Yu JL, and Li JJ. "Introducing Integrative East-West Medicine to Medical Students and Residents," The Journal of Alternative & Complementary Medicine, Volume 8 Number 4, Issue 1, Aug 2002, p507-516
- Zylowska L and Hui KK. "Chinese Medicine's Mind-Body Integrative Approach to Anxiety Disorders," Primary Psychiatry, July 2002

PROFESSIONAL AFFILIATIONS

- American Osteopathic Association
- Osteopathic Physicians and Surgeons of California
- Institute of Functional Medicine